

THEME: Go Easy With Menopause, Guard Your Health
APMF 2021 TENTATIVE PROGRAMME

Registration Day - October 14 (Thu.) - 16 (Sat.)	
09:00-22:00	Registration 注册 报到及住宿酒店一：浙江广电开元名都大酒店（杭州市萧山区弘慧路 399-8 号） 报到及住宿酒店二：杭州宝盛水博园大酒店（杭州市萧山区水博路 118 号）
18:00-19:00	APMF Council Member Meeting (Virtual)
19:00-21:00	Zhejiang Menopause Group Symposia (会场：广电开元名都大酒店 A 楼三楼新蓝厅)
DAY 1 - October 15 (Fri.)	
Venue 主会场：浙江国际影视中心三楼广电厅	
Opening Ceremonies 开幕式 Chairmen: Dr. YU Qi Dr. ZHANG Zhifen (郁琦教授 张治芬教授)	
08:00-08:20	National Anthem 奏国歌
	Welcome Address Dr. HUANG Zhengming (黄正明 会长)
	Welcome Address Dr. LANG Jinghe (郎景和 院士)
	Opening of the Congress Dr. YU Qi (郁琦教授)
APMF Special Session	
08:20-09:40	CHALLENGES IN THE MANAGEMENT OF MENOPAUSE DURING THE PANDEMIC
	Australia Dr. Sonia Davison
	China Dr. YU Qi
	India Dr. Atul Munshi
	Indonesia Dr. Muhammad Fidel Ganis Siregar
	Japan Dr. Masakazu Terauchi
	Malaysia Dr. Ng Beng Kwang
	Mongolia Dr. Enkhee Sodnomdorj
	Pakistan Dr. Rubina Hussain
	Philippines Dr. Maria Corazon Zaida N. Gamilla
	South Korea Dr. LEE Dayong
	Sri Lanka Dr. Mangala Dissanayake
	Taiwan, China Dr. LAN Kuo Chung
Thailand Dr. Kitirat Techatraisak	
09:40-09:50	Group Photo 合照
09:50-10:00	Coffee Break 茶歇
Keynote Address	
10:00-10:30	Endometrial Safety with Different Regimens of Progestogens, Prof. Dr. Rodney John Baber, Australia
10:30-11:00	WHI: Where are We Now 20 Years On, Dr. Susan Davis, Australia
11:00-11:30	Menopause Symptoms, East vs. West, Dr. YU Qi, China
Industry - Symposium 1	

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11:30-12:00	Industry Symposium: Abbott 雅培 Chair: Dr. YU Qi 郁琦 教授 The Choice Of Progestogen - To Balance The Safety Of Endometrium And The Risk Of Breast Cancer 孕激素的选择—子宫内膜安全性与乳腺癌风险间的平衡 Dr. CHEN Rong 陈蓉 教授
12:00-12:30	Lunch Break 午餐
Industry - Symposium 2	
12:30-13:00	Industry Symposium: ORGANON 欧加隆 绝经后女性 MHT 治疗优选药物 Dr. YU Qi 郁琦 教授
13:00-13:30	Industry - Symposium: Yangtze River 扬子江 Chair: Dr. CHEN Rong 陈蓉 教授 Emotional disorders in menopausal women- concerns and challenges 更年期情绪障碍的诊疗 Dr. YU Qi 郁琦 教授
Chairmen: Dr. WANG Shixuan Dr. HUI Ying (王世宣 教授 惠英 教授) Plenary Symposium 1: Musculoskeletal Health & Menopause Management	
13:30-14:00	New Understanding in Prevention and Treatment of Osteoporosis in Postmenopausal Women, Dr. XU Ling, China 徐苓 教授, 绝经后妇女骨质疏松防治新思考
14:00-14:30	Development of menopause management in Zhejiang Province, Dr. ZHANG Zhifen, China 张治芬 教授, 绝经管理在浙江省的发展
Plenary Symposium 2: Features of National Menopause Guidelines for countries in the Asia Pacific Region	
14:30-15:00	Features of National Menopause Guidelines in China, Dr. CHEN Rong, China 中国
15:00-15:30	Features of National Menopause Guidelines in Indonesia, Dr. Muhammad Fidel Ganis Siregar, Indonesia 印度尼西亚
15:30-16:00	Features of National Menopause Guidelines in Japan, Dr. Masakazu Terauchi, Japan 日本
16:00-16:30	Features of National Menopause Guidelines in Malaysia, Dr. Ng Beng Kwang, Malaysia 马来西亚
16:30-17:00	Features of National Menopause Guidelines in Pakistan, Dr. Sumbul Sohail, Pakistan 巴基斯坦
17:00-17:30	Features of National Menopause Guidelines in Philippines, Dr. Ma. Corazon Zaida N. Gamilla, Philippines 菲律宾
17:30-18:00	Features of National Menopause Guidelines in South Korea, Dr. LEE Dong-Ock, South Korea 韩国
18:00-19:00	Welcome Reception 晚餐
19:00-21:00	CLIMACTERIC (Chinese version) Editorial Board Meeting 《更年期 (中文版)》杂志编委会议 (会场: 广电开元名都大酒店 A 楼三楼新蓝厅)

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DAY 2 - October 16 (Sat.)	
Venue 1 分会场 1: 广电开元名都大酒店一楼星光厅	
Chairmen: Dr. HUANG Jian Dr. JIN Xuejing (黄 坚 教授 金雪静 教授)	
Simultaneous Sessions (SS)	
SS 1 Gynecology	
08:00-08:20	Chinese expert consensus on the diagnosis and treatment of vulvar lichen sclerosis, Dr. WANG Huilan, China 王惠兰 教授, 女性外阴硬化苔癣诊治专家共识
08:20-08:40	The Diagnosis and Management of Endometrial Thickness in Postmenopausal Women, Dr. MU Yu-lan, China 穆玉兰 教授, 绝经后子宫内膜厚度的诊治探讨
08:40-09:00	Abnormal Uterine Bleeding (AUB) Diagnosis and Treatment of Related Issues, Dr. TANG Liangdan, China 唐良茜 教授, 异常子宫出血 (AUB) 诊治相关问题
09:00-09:20	Perimenopausal and Postmenopausal Endometriosis, Dr. REN Mulan, China 任慕兰 教授, 围绝经期和绝经后子宫内膜异位症
SS 3 MHT	
09:20-09:40	Otosclerosis Analysis of Contraindications to MHT, Dr. SHU Kuanyong, China 舒宽勇 教授, MHT 之禁忌耳硬化症的解析
09:40-10:00	Individualization of Menopausal Hormone Therapy, Dr. XIE Meiqing, China 谢梅青 教授, 绝经期性激素治疗的个体化
10:00-10:20	The Application of Perimenopausal Contraceptives, Dr. LEI Xiaomin, China 雷小敏 教授, 围绝经期避孕药的应用
10:20-10:30	Coffee Break 茶歇
Industry - Symposium 3	
10:30-11:00	Industry Symposium: ORGANON 欧加隆 The Cornerstone of Anti-Osteoporosis Therapy 抗骨质疏松症治疗的基石之道 Dr. XU Ling 徐 苓 教授
Oral Presentation 1 论文交流专场 1	
11:00-12:00	<ol style="list-style-type: none"> 1. Vasomotor Symptoms and Osteoporosis in Perimenopausal and Early Postmenopausal Women, FU Shuxin, MD, China 符书馨 2. Study on the Mechanism of Hypothalamic Preoptic Area Dysfunction Induced by Low Estrogen Leading to Menopausal Hot Flashes, SUN Yanrong, MD, China 孙艳荣 3. Clinical Analysis of 200 Cases of Amenorrhea Patients Bing Late Menopause Transition Period with Progesterone Withdrawal Bleeding, GAO Fengxia, MD, China 高凤霞 4. Association Between Menopausal Hormone Therapy and Health Outcomes a Systematic Review and Meta-analysis, WU Yanjing, MD, China 吴燕菁 5. Different effect of low dose and ultra-low dose hormone therapy on glycolipid metabolism in

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	perimenopausal women, BAO Xiao-Yan, MD, China 包晓燕 6. Inverse Association between Bone Mineral Density and Fibrinogen in Peri and Postmenopausal Women, CHEN Yijie, China 陈怡洁 7. Menopause-Specific Quality of Life During Ovarian Aging Among Chinese Women: A Prospective Cohort Study, TANG Ruiyi, MD, China 唐瑞怡 8. Therapeutic effects of human follicular fluid-derived exosomes on chemotherapy-associated ovarian damage, CHEN Ying, MD, China 陈颖
12:00-13:00	Lunch Break 午餐 (广电开元名都大酒店 A 楼一楼星莱德咖啡厅)
Industry - Symposium 4	
13:00-13:30	Industry Symposium: 森世海亚 Chair: Dr. TAO Minfang 陶敏芳 教授 Remifemin: New option for menopausal symptoms 莉芙敏“非激素”治疗围绝经期症状新选择 Dr. LIN Feng 林 凤 教授
Venue 1 Chairmen: Dr. REN Mulan WU Jie (任慕兰 教授 吴 洁 教授)	
SS 5 MDT	
13:30-13:50	Clinical Significance Of Multi-Disciplinary Team (MDT) in Diagnosis And Treatment of Climacteric Syndrome, Dr. ZHANG Xueyu, China 张雪玉 教授, MDT 在更年期综合征诊治中的临床意义
13:50-14:10	Sharing of Perimenopausal MDT Continuous Management Mode Based On "One-Day Outpatient", Dr. YU Lili, China 俞丽丽 教授, 基于“一日门诊”围绝经期 MDT 持续管理模式分享
SS 7 Brain and Mental Disorders	
14:10-14:30	Sleep Disorders in Peri—Post Menopausal Women, Dr. TAO Minfang, China 陶敏芳 教授, (围) 绝经期睡眠障碍的管理
14:30-14:50	Emotional and Cognitive Disorders in Menopause Management, Dr. LUO Min, China 罗 敏 教授, 绝经健康管理中的情绪和认知问题
14:50-15:00	Coffee Break
Sri Lanka Menopause Society Symposia 斯里兰卡绝经学会专场	
15:00-15:20	Metabolic Syndrome, Dr. Sanath Lanerolle
15:20-15:40	Ischemic Heart Disease in South Asian Women, Dr. M D P Gooneratne
15:40-16:00	Life Cycle approach for the management of NCD, Prof. Piyusha Atapattu
Oral Presentation 2 论文交流专场 2	

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16:00-18:00	<ol style="list-style-type: none"> 1. Introduction of Menopause Society in Pakistan, Dr. Sarah Kazi, Pakistan 2. Risk For Fall among Post Menopausal Women in Developed and Developing Countries: A Scoping Review, IlhamMandala Putra, MD, Indonesia 3. The Role of Soy Isoflavone in The Genitourinary Symptoms, Vaginal Maturation Index, and Female Sexual Function Index of Menopausal Women, Irwin Lamtota Lumbanraja, MD, Indonesia 4. The Effect of Pittsburgh Sleep Quality Index (PSQI) Score on Administration Melatonin in Perimenopause Women, Dr. Muhammad Fidel Ganis Siregar, MD, Indonesia 5. Estrogen Therapy before Hysteroscopic Alters the Cell Proliferation by Promoting the PPP Metabolism, ZHENG Yingxin, MD, China 郑颖馨 6. Association of HCY, CRP, Lipid Level, and Sleep Quality in Perimenopausal and Postmenopausal Women, ZHANG Hongyan, MD, China 张红艳 7. A single-center study of Screening sarcopenia through SARC-F-calf score in middle-aged and elderly women, LIU Zihan 刘梓含 8. Endometrial Thickness Assessment and Clinical Significance of Thickened Endometrium in Asymptomatic Postmenopausal Women, HE Yongyan, MD, China 贺永艳 9. Ovarian tissue transplantation to rescue ovarian function after rectal carcinoma treatment: case report, LIN Xiaona, MD, China 林小娜 10. The Relationship between Regular Moderate-Intensity Exercise and Menopausal Symptoms in Peri-Postmenopausal Female—— a Single-Institution Study, ZHOU Yibei, MD, China 周伊贝 11. Prediction Model Based on Ultrasonic Parameters of Three-Dimensional Power Doppler Scanning for Endometrial Cancer in Women with Postmenopausal Bleeding, WANG Li, MD, China 王丽 12. Effect of Long Non-Coding RNA IGF2AS on Cognitive Decline in Ovariectomized Rats, WANG Yan, MD, China 王艳 13. 10. Differentiation of Granulosa Like Cell from iPSc: A New Light to Improve Ovarian Function of POI, Liu Xiaocheng, MD, China 刘晓程 14. Assessment Menopausal Symptoms and Quality of Life in Women with Premature Ovarian Failure after Hematopoietic Stem-Cell Transplantation for Hematologic Diseases, SU Huina, MD, China 苏会娜 15. A Combination of Bone Marrow Mesenchymal Stem Cells with Estrogen Improves Rabbit Endometrial Injury Repair by a Mechanism Involved in An Activation of Wnt/β-catenin, LIU Dan, MD, China 刘丹 16. Study on the Ovarian Protection of GnRHa in Female Patients of Childbearing Age Underwent Hematopoietic Cell Transplantation, LI Huiling, MD, China 李慧玲
18:00-19:00	Dinner (广电开元名都大酒店 A 楼一楼星莱德咖啡厅)
19:00-21:00	<p style="text-align: center;">Management of Perimenopausal Osteoporosis (Roche Workshop)</p> <p style="text-align: center;">围绝经期骨质疏松管理研讨会 (会场: 广电开元名都大酒店 A 楼三楼新蓝厅)</p>

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DAY 2 - October 16 (Sat.)	
Venue 2 分会场 2: 广电开元名都大酒店二楼星辰厅	
Chairmen: Dr. RUAN XiangYan Dr. BAI Wenpei (阮祥燕 教授 白文佩 教授)	
Simultaneous Sessions (SS)	
SS 2 POI	
08:00-08:20	Study on Ovarian Aging, Advances and Challenges, Dr. WANG Shixuan, China 王世宣 教授
08:20-08:40	Etiology and Diagnosis of Premature Ovarian Insufficiency, Dr. LI Peiling, China 李佩玲 教授, 早发性卵巢功能不全的病因及诊断
08:40-09:00	Early Diagnosis and Treatment of POI, Dr. LYU Shulan, China 吕淑兰 教授, 早发性卵巢功能不全的早诊早治
09:00-09:20	First Live Birth in China after Ovarian Tissue Cryopreservation and Transplantation for Prevent Iatrogenic POI, Dr. RUAN Xiangyan, China 阮祥燕 教授
SS 4 MHT	
09:20-09:40	The Evolution of Menopause Hormone Therapy, Dr. HO Choon Moy, Malaysia 马来西亚
09:40-10:00	Menopause And Hormonal Therapy: The Role Of Phytoestrogens As An Adjuvant Treatment For Menopausal Symptoms, Dr. Muhammad Fidel Ganis Siregar, Indonesia 印度尼西亚
10:00-10:20	Menopause Treatment: Recent Concerns and New Developments, Dr. HUANG Ko-En, Taiwan China
10:20-10:30	Coffee Break 茶歇
Industry - Symposium 4	
10:30-11:00	Industry Symposium: GenSci 金赛 Chair: Dr. YU Qi 郁琦 教授 Application of Growth Hormone during Menopause 生长激素在更年期抗衰中的应用 Dr. LYU Shulan 吕淑兰 教授
11:00-11:30	Industry Symposium: Gedeon Richter 吉瑞 Chair: Dr. YU Qi 郁琦 教授 A New Choice Of MHT: Estradiol Transdermal Spray 绝经激素治疗的新选择: 雌二醇透皮喷雾剂 Dr. WANG Yaping 王亚平 教授
11:30-12:00	Industry Symposium : BESINS 博赏 Chair: Dr. YU Qi 郁琦 教授 Progestogens and Progesterone: Risk Profiles and Dosage Regimens Dr. Nick Panay, UK
12:00-13:00	Lunch Break 午餐 (广电开元名都大酒店 A 楼一楼星莱德咖啡厅)
Industry - Symposium 4	

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13:00-13:30	Industry Symposium : SHANGHAI NEW HUALIAN 新华联 Chair: Dr. YU Qi 郁琦教授 A estriol derivative originally developed and manufactured in China Dr. ZHANG Wei 张炜教授
Venue 2 Chairmen: Dr. YANG Xin Dr. CAO Yuan (杨欣教授 曹媛教授)	
SS 6 Musculoskeletal Health	
13:30-13:50	Diagnosis and Intervention of Sarcopenia, Dr. FANG Chaoying, China 方超英教授, 肌少症的诊断与干预
13:50-14:10	MHT and Osteoporosis in Postmenopausal Korean Women, Dr. Byung-Koo Yoon, South Korea 韩国
SS 8 Gynecology	
14:10-14:30	Lower urinary tract symptoms and menopause, Dr. YANG Xin, China 杨欣教授
14:30-14:50	Comparative Study on the Therapeutic Effect of Different Drugs on GSM, Dr. DING Yan, China 丁岩教授, 不同药物对GSM的治疗效果对比研究
14:50-15:00	Coffee Break
SS 9 MHT	
15:00-15:20	How Can MHT be Optimised to Benefit Women With Relative Contraindications?, Dr. JIN Minjuan, China 金敏娟教授, 如何应对绝经激素治疗中慎用情况
15:20-15:40	Menopausal Hormone Therapy : What's New? Dr. Jyothi Unni, India 印度
15:40-16:00	Optimal Dosage of Estrogen for MHT, Dr. Yung-Chieh Tsai, Taiwan, China
SS 10 Women's Health	
16:00-16:20	PCOS, Midlife and Covid-19 A lethal Cocktail? Dr. Duru Shah, India 印度
16:20-16:40	Perimenopausal Skin Conditions, Dr. Ang Seng Bin, Singapore 新加坡
16:40-17:00	Quality of Life During Perimenopausal Stage, Dr. Batsuren Choijamts, Mongolia 蒙古
Indonesian Nights 印度尼西亚之夜	
17:00-18:00	1 hours (TBD)
18:00-19:00	Dinner (广电开元名都大酒店 A 楼一楼星莱德咖啡厅)
19:00-21:00	Management of Perimenopausal Osteoporosis (Roche Workshop) 围绝经期骨质疏松管理研讨会 (会场: 广电开元名都大酒店 A 楼三楼新蓝厅)

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DAY 3 - October 17 (Sun.)	
Venue 主会场: 浙江国际影视中心三楼广电厅	
Chairmen: Dr. CHEN Rong Dr. ZHANG Shulan (陈 蓉 教授 张淑兰 教授)	
Plenary Symposium 3: MHT & Oncology	
08:00-08:30	The Treatment of Menopausal Symptoms after Cancer, Dr. Mary Ann Lumsden, UK 英国
08:30-09:00	Hereditary Gynecologic Cancer Syndromes and MHT, Dr. XU Chulin, China 徐春琳 教授, 遗传性妇科肿瘤综合征与 MHT
09:00-09:30	Cervical Cancer Screening in Perimenopausal and Menopausal Women, Dr. Wang Lin, China 王 琳 教授, 围绝经及绝经期妇女宫颈癌筛查问题探讨及管理
Plenary Symposium 4: Health Lifestyle	
09:30-09:15	Menopause Management – ARE WE STILL behind the curve?, Dr. CHUA Yang, Singapore 新加坡
09:15-09:40	Maintaining Wellness in Peri-menopause and Beyond, Dr. Kobchitt Limpaphayom, Thailand 泰国
09:40-09:50	Coffee Break
Plenary Symposium 5: MHT	
09:50-10:20	Significance of Different Administration Routes of Estrogen In MHT, Dr. Huirong Shi, China 史惠蓉 教授, MHT 中雌激素不同给药途径的意义
Plenary Symposium 6: Brain and Mental Disorders	
10:20-10:50	Challenges in the management of emotional disturbance in peri-menopausal women, Dr. DI Wen, China 狄 文 教授, 围绝经期妇女情绪障碍管理面临的挑战
Plenary Symposium 7: MDT	
10:50-11:20	Multidisciplinary Intervention for Diminished Ovarian Reserve, Dr. ZHANG Xuehong, China 张学红 教授, 卵巢储备功能不良的多学科干预
11:20-11:50	The Development of Climacteric Health Care Specialty in Fujian Provincial Maternity and Children's Hospital, Dr. LIN Yuan , China 林 元 教授, 福建省妇幼保健院更年期保健特色专科的发展历程
11:50-12:00	Closing Remarks 闭幕式
12:00-13:00	Lunch Time 午餐