#### Chlamydia trachomatis, a Hidden Epidemic: Effects on Female Reproduction and Options for Treatment

Alison J. Carey, Kenneth W. Beagley -AJRI 63(2010) 576-586



fppt.com

## Introduction

- Chlamydia trachomatis
  - Gram-negative bacterium
  - unique biphasic developmental cycle
  - Serovars D-K



#### Introduction

- 70% of infected women and 50% of infected men are asymptomatic
- Risk factor
  - Age: 15-24
  - Gender: woman > man
  - Race

### Introduction

- increase in infections
  - -7.5% from 2006 to 2007 in U.S.
  - independent 5% per year increase in C.
    trachomatis positivity between 1997 and 2004

# Cost effective

 Screening is cost effective, because of the reduction in longterm health costs.

# Chlamydia infection and immunity

fppt.com

## Infection

- primary site
  - Woman: columnar epithelial cells of the endocervix
    - pelvic inflammatory disease (PID): (4.5~6.4X)
    - ectopic pregnancies: (2~2.5X)
    - tubal infertility
  - Men: urogenital epithelia
    - prostatitis
    - epididymitis



#### Infection ascends reproductive tract



- Attachment to sperm
- Flow of fluids
  - Particles approximately the same size of sperm, or radio-labeled sperm

## infection kinetics

- Chlamydia muridarum
  - the differential cell infiltration between the lower and upper genital tract
  - the rate at which this occurs
  - the rate of infection ascension.

## Infection

 The infectious dose of Chlamydia is known to modulate the innate immune response, with greater inoculating doses causing a greater innate immune response.

## Infection

 Because of the greater immune responses elicited by high infectious challenge doses, the infection does not cause as great a degree of hydrosalpinx.

 The development of pathological sequelae may not be affected by the sexual transmission dose.  the number of Chlamydia caviae transmitted by an infected male guinea pig during mating is known

 Natural immunity to a single infection is known to be short lived and serovar specific

 Multiple infections with different serovars induces longer term, cross-serovar immunity

 Women have spontaneously cleared a genital infection without medical intervention

 Antibiotic intervention increases the longer term rates of re-infection because of the inability of the person to develop protective immunity against Chlamydia

- Primary infection:
  - both a Th1 and Th2 response needs to be mounted
    - CD4+ Th1 cells
    - CD8+ T cells,
    - B cells,
    - Neutrophils
    - Dendritic cells39 (DCs)

- clearance
  - primary infection is dependent on the development of cell-mediated immunity
  - Secondary infection requires the presence and production of antibodies

## Immunity-cytobrush samples

 women infected with C. trachomatis had an increase in CD3+, CD4+ and CD8+ cells, and neutrophils, and an increase in recruitment of myeloid and plasmacytoid DCs



## Cellular paradigm



 It is the host's immune response to infection that is responsible for the damage rather than the infection itself.

fppt.com

## Immunological paradigm



fppt.com

## Immunity-DTH

- Guinea pigs sensitized with Triton-X-100 soluble chlamydial EBs had greater ocular delayed hypersensitivity when re-exposed to infection at other sites, including vaginal and intestinal infections
- Monkeys immunized against C. trachomatis developed a greater follicular response in the eye upon re-exposure than non-immune controls

#### **Treatment or Prevention?**



## Treatment

- Azithromycin or doxycycline
   a single 1-g dose v.s. 7-day course
- Resistance
  - tetracyclines,
  - macrolides,
  - fluoroquinolones,
  - doxycycline,
  - azithromycin,
  - ofloxacin.



## **Re-infected**

- Infected women, who completed antibiotic treatment,
  - 10% within 1 month
  - 13% by 3 months
  - even though abstinence or 100% condom use

## Arrested immunity hypothesis

 Early intervention with antibiotics interferes with the development of protective immune responses



#### **Prevention-vaccine**

 A partially protective vaccine will dramatically decrease the rate of spread of infections and reduce economic burden.

 An efficacious vaccine will need to induce both a strong Th1-cell-mediated response and a humoral response.

## Vaccine candidate

• Major outer membrane protein (MOMP)

 Chlamydial protease-like activity factor (CPAF)

- adjuvants : IL-12 and CpG-ODN

#### **Problems with Vaccine Development**

- How efficacious?
- Therapeutic effect?
- Protection against re-exposure?
- The effects of vaccine administration during an acute chlamydial genital infection?

 Chlamydia trachomatis genital infections are continually increasing, with women at the greatest risk of infection and inflammatory sequelae.

- Because of
  - the asymptomatic nature of most infections,
  - the increased incidence of development of severe reproductive impairment with re-infection
  - the fact that antibiotic treatment has been unable to halt the increased incidence of infection,
- There is an urgent need for the development of a vaccine that prevents further spread of infection and pathological damage to the female reproductive tract.

 Progesterone and estradiol can affect many components of the immune response, including antigen presentation by DCs and macrophages, production and transport of antibody into the female reproductive tract (FRT)

 Nasal route induced the greatest IgA antibody secretion in vaginal secretions

 Immunized vaginally on days 10 and 24 of their menstrual cycle had the greatest amounts of IgG and IgA in cervical secretions

- Factors that should be considered when developing any potential vaccine include
  - targeting the protective immune
     response to the reproductive tract
  - -the infection status of vaccines
  - potentially the influence of hormonal status on protection

#### Thanks for listening!



## Life cycle











## Chlamydia species and biovars

- Chlamydia species
  - Chlamydia trachomatis (a human pathogen),
  - Chlamydia suis (affects only swine)
  - Chlamydia muridarum (affects only mice and hamsters)
- C. trachomatis includes three human biovars:
  - serovars Ab, B, Ba, or C
    - trachoma: infection of the eyes which can lead to blindness and is prevalent in Africa
  - serovars D-K
    - urethritis, pelvic inflammatory disease, ectopic pregnancy, neonatal pneumonia, and neonatal conjunctivitis
  - serovars L1, L2 and L3
    - lymphogranuloma venereum (LGV)